Grief Support – Publications & Resources


155.937 BAR Bartocci, Barbara, Nobody's Child Anymore: Grieving, Caring, and Comforting When Parents Die; Grieving for a parent can be especially complicated this is a book of true stories, the author's own and that of friends. Offers practical suggestions on ways to cope and find new meaning beyond grief. Sorin Book, Norte Dame, IN. 2000.


814.54 BUR Burroughs, Augusten, This is How: proven aid in overcoming shyness, molestation fatness, spinsterhood, grief, disease and more - for young and old alike. NY, 2012

155.9 COL Collins, Judy, The Seven Ts: Finding Hope and Healing in the Wake of Tragedy; Drawing on her own experience of her son's death to suicide, as well as hundreds of other people's experience, singer Judy Collins culled 7 powerful steps to healing. NY, Penquin, 2007.


155.937 DEV DeVita, Elizabeth, The Empty Room: Surviving the Loss of a Brother or a Sister at Any Age: after her own loss of her older brother, the author draws on interviews of more than 200 survivors scanning a range of emotions. They give tools needed to heal and move forward in dealing with the lifelong impact of that severed bond. Scribner, NY, 2004.


133.91 DUB DuBois, Allison, Secrets of the Monarch, What the Dead Can Teach Us About Living a Better Life; Coping with the loss of a parent and learning how to reconnect with the dead. NY, Fireside Book, 2007.

155.9 ELL Ellis, Thomas M., This Thing Called Grief: New Understandings of Loss; Minneapolis, Syren Book Co., 2006.

155.937 FON Fontana, Marian A., Widow's Walk; Personal narratives of Sept. 11 Terrorist Attack Fire Fighter spouses.

306.88 GIN Gilbert, Allison, Parentless Parents: how the loss of our mothers and fathers impacts the way we raise our children, NY, 2011.

306.88 GIN Ginsburg, Genevieve Davis, Widow to Widow: Thoughtful, practical ideas for rebuilding your life; challenges, changes, decisions-making, relationships. Tucson, AZ, Fisher Books, 1997. (originally published as To Live Again),


248.866 HSU Hsu, Albert, Grieving a Suicide: A loved one's search for comfort, answers, and hope., InterVarsity Press, IL 2002.


155.937 KUB Kubler-Ross, Elisabeth, **On Grief and Grieving**; Finding the meaning of grief through the 5 stages of loss; NY Scribner, 2005.


296.3 KUS Kushner, Harold S., **When Bad Things Happen to Good People**; The acclaimed bestseller that continues to bring spiritual comfort. *Also on audio CD*, Schochen Books, c1981.


155.937 LOG Logelin, Matthew, **Two Kisses for Maddy: A Memoir of Loss & Love**; the first year of Mr. Logelin's life following the birth of his daughter and death of his wife, NY, 2011.

155.937 LOR Lord, Janice H., **No Time for Goodbyes: Coping with Sorrow, Anger and Injustice after a Tragic Death**; Gives hope and useful suggestions to survivors grieving a loved one who was killed. Pathfinder Pub., Ventura CA, 2000.

155.937 MCC McCormack, Jerusha Hull, **Grieving: A Beginner's Guide**; Ms McCormack recognizes that not everyone has the same world-view and that getting through the most difficult times is accomplished only by doing what works for each individual. Paraclete Press, Brewster, Mass., 2006.

155.937 NEE Neeld, Elizabeth Harper, **Seven Choices: Taking the Steps to New Life After Losing Someone You Love**; C.N. Potter, NY, 1990


813.54 OAT Oates, Joyce Carol, **A Widow's Story: A Memoir**; Renowned author shares her struggle to comprehend a life absent of her partner. Ecco Press, NY, 2011.
155.937 ORR Orrell, Herb, **Unspeakable: The Truth about Grief**; the author's own personal grief and struggle and the often surprising ways each of us can make peace with our own pain. Houston, TX, Bayou Publ., 2003.

626.994 PAU Pausch, Jai, **Dream New Dreams: Reimagining My Life After Loss**; author shares her own story from being a wife and mother and full time caregiver to becoming a widow and single parent. NY, 2012.


305.244 WEA Weaver, Frances, **The Girls with the Grandmother Faces: A celebration of life for those over 55**, ME, Thorndies Press, 1996.

+155.9 WEI Weiss, Stephanie, **Everything You Need to Know about Dealing with Losses**, New York, Rosen Pub., 2000.


155.937 WOL Wolfelt, Alan, **Healing Your Grieving Heart: 100 practical ideas**; Compassionate advice and simple activities to help you through your loss. Fort Collins, CO, Companion Press, 2001.

296.3 WOL Wolpe, David, **Making Loss Matter: Creating Meaning in Difficult Times**; How to find the faith, hope and purpose that help us survive. NY, Riverhead Books, 1999.


155.937 BEY VIDEO Beyond Death's Door: help for the grieving process after someone you love has died; Featuring Dr. Earl Grollman and Dr. Alan Wolfelt, Providing a first hand understanding of the grief process and will give you help for your grief journey. Oreleans , MA , Paraclete Video Prod., 2004.